

OUT AND ABOUT



PEDAL POWER

What began almost four decades ago as a tribute to cycling and camaraderie has evolved into a premier fixture on South Africa's sporting calendar. The Amashova National Classic returns for its 39th edition with an exciting new race date of 20th July 2025. Renowned for its mild winter climate, the new timing of this popular KwaZulu-Natal race is expected to increase the appetite for cyclists to experience the legendary route that retraces the footsteps of the iconic Comrades Marathon. Steeped in history and fuelled by community spirit, the Amashova is South Africa's oldest classic cycling race. Supported by the uMngeni, Msunduzi, and eThekweni municipalities, the event provides an exclusive opportunity to ride uninterrupted with full road closure from Howick (for the 132 km route) to Durban through one of South Africa's most picturesque regions. For more information, visit www.shova.co.za.

WEST COAST LUXURY

Just two hours from Cape Town, Abalone Hotel & Villas in Paternoster is a boutique coastal retreat blending laid-back luxury with the raw beauty of the West Coast. Perfect for a romantic escape or wellness break, the hotel's new Oyster Villa Seaview Suites offer ultra-private elegance, complete with ocean-facing patios, a heated pool, and direct beach access. Guests enjoy exclusive access to a Wellness Suite featuring a sauna and cold plunge bath, while the new Oyster Lounge offers coastal-chic dining featuring oysters, sushi, and tapas. For something heartier, Blues Restaurant offers signature dishes like steak and crayfish. Abalone Hotel & Villas also offers a range of other beautifully styled accommodation options, including Classic, Superior, and Seaview Suites, all of which are inclusive of complimentary breakfast. Family-friendly options include self-catering Apartments, The Penthouse, and the Oceanview Beach Villas. Whether you're sipping a sundowner or soaking in the views, Abalone's charm lingers long after your stay. Visit www.abalonehotel.co.za for more information.



PAW PRINTS

This July, Noordhoek Art Point Gallery is once again going to the (rescue) dogs – and cats – with the much-loved return of RePAWposed, an unforgettable art-meets-heart exhibition and auction in support of TEARS Animal Rescue. Launching in mid-July and culminating in an auction on 01st August 2025, this year's show is all about turning something old into something bold. Over 20 local artists will unleash their imaginations on forgotten artworks – canvases once gathering dust in TEARS charity shops – transforming them into beautiful, whimsical, and sometimes downright hilarious new masterpieces. From a serene landscape turned into a safari adventure to a floral still life with a feline twist, you never know what you'll find... but you'll definitely want to take one home. All proceeds from the auction go directly to TEARS Animal Rescue, a beloved local organisation doing incredible work to protect and rehome animals in need. Visit NoordhoekArtPoint.co.za for more information.